

CUTriC Covid-19 Policy

The CUTriC is strongly committed to encouraging members to take part, but the health, well-being and safety of each individual is always our paramount concern. The Club will therefore take all reasonable steps to ensure that all its activities are safe and that the risks presented by the Covid-19 pandemic are reduced as far as is reasonably practicable.

1) The Club will:

- a) Ensure that members are familiar with the club's Covid-19 policy.
- b) Keep a record of all attendees at each training session.
- c) Inform the club's members when any member reports symptoms of Covid-19 or tests positive and alert all members who have attended the same session.
- d) Ensure that handwashing facilities are present during training sessions or that sanitiser is available for use by members where handwashing facilities are not available.
- e) Provide disinfectant where equipment is used for training so equipment can be cleaned after each session.
- f) When traveling to and from races, ensure that sufficient space is provided for members to socially distance and that sanitiser is available.
- g) Suspend training for a period of two weeks if two members who could conceivably have come into contact through the club test positive for Covid-19.
- h) Ensure that the club's activity does not interfere with the social distancing efforts of the public.
- i) Provide members with details of the covid-19 policies of the facilities where sessions are to take place.
- j) Keep members up to date with the covid-19 guidance of British Triathlon..
- k) Require non-members who attend open sessions to sign a waiver agreeing they abide by the requirements outlined in section-3 of this document.

2) Session Leaders will:

- a) Take an attendance record at each session and ensure that this information is recorded by the club afterwards on a shared spreadsheet.
- b) Ensure that session attendees maintain adequate social distancing during training.
- c) Ensure that club equipment is cleaned after use during sessions.
- d) Be familiarised with the Covid-19 policy of the facilities where sessions are to take place.
- e) Ensure that where required, training takes place in groups no larger than 6 as required under current government guidance.

3) Club members will:

- a) Inform the club if they present with symptoms of or test positive for Covid-19.
- b) Maintain social distancing when in attendance at all club training sessions.
- c) Where training takes place indoors, wear a face covering when arriving and leaving unless exempt for reasons explained in advance.
- d) Not attend club training if presenting with symptoms or if tested positive for Covid-19 for a minimum of two weeks.
- e) Familiarise themselves with the covid-19 policy of the facility where training will take place.

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